

Thanks to the efforts of our volunteers, we have a wide range of activities that we publish in a monthly newsletter

Houseboating on Shuswap



Scuba Diving

Boat Cruises

Camping

Indoor/Outdoor Volleyball

Good Memories...



Movie Nights

BBQ's

Halloween Boat Cruise



Dinner Theatre

Dinners

Hiking

Sunday Brunch

Cycling

PLUS MUCH MORE!!!

Friday Pub Nites

Dances

Hiking at Manning Park



Houseboat Hot-tubbing!



WHO ARE WE?

The Greater Vancouver Recreation Unlimited Club (Rec-U) is a registered non-profit society incorporated January 2000. The club is run by volunteers, and has a Board of 5 Directors.

OUR GOAL

Rec-U events are a place to meet other adults who have similar interests, to safely participate in various activities & have **FUN!**

THE COST?

\$ 20.00 per year

All our events are
"sponsored" by our
members;
We are always looking for
people to help organize
events and activities.



Want more information?

Call:

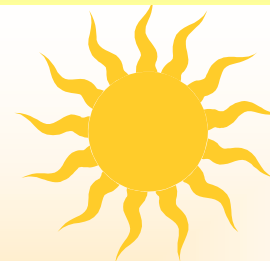
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Check us out on the Internet at:
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E-mail us at:
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Looking for something

FUN
to do?

*We're the
Greater Vancouver
Recreation Unlimited
Club*

"REC-U"

